

WELCOME TO OUR

# Monthly Newsletter

we're so glad you're here!



## A DIVERSION CENTER UPDATE

Nueces Center for Mental Health and Intellectual Disabilities is proud to announce the Diversion Center will be coming soon, follow our social medias for updates.

This facility will function as a cost-effective, centralized access point for law enforcement, providing immediate treatment for individuals who do not require or qualify for inpatient hospital services.

The diversion center's primary goal is to significantly reduce unnecessary arrests and prevent avoidable psychiatric hospitalizations, thereby enhancing public safety by supporting those in need of immediate care.

To learn more about MHID and/or donate, please visit [www.ncmhid.org](http://www.ncmhid.org)

### SUPPORT NCMHID'S MISSION

To create a safe and collaborative environment empowering individuals to build resiliency and independence.

[WWW.NCMHID.ORG/DONATE](http://WWW.NCMHID.ORG/DONATE)



# NCMHID's New Programs Alert

EXPLORE A BRIEF OVERVIEW OF THE NEW PROGRAMS AVAILABLE AT NCMHID.

## EMPLOYMENT NAVIGATION

Individuals with intellectual and developmental disabilities (IDD), aged 16 and older, seeking community-based competitive integrated employment can receive guidance in navigating various service systems and programs offered by different state agencies. Employment Navigators collaborate with individuals to clarify their employment objectives, connect them to agencies that provide appropriate support, and assist in coordinating the involvement of all necessary parties in the planning of employment-related goals. This service is available at no cost to eligible individuals.

## COORDINATED SPECIALTY CARE- FIRST EPISODE PSYCHOSIS

The program is to help serve individuals who are between the ages of 15-30. The individual must have a diagnosis, which contains psychosis that was first given within the last two years. The length of stay in the program shall not exceed 36 months. The purpose of CSC program is to provide a specialized treatment approach for those experiencing their first episode of psychosis. Individuals in this program will have a diagnosis that includes psychotic features that will vary in terms of needs and severity. The program's goal will be to identify and help individuals before their symptoms and/or diagnosis are the primary feature of his/her life. Due to the early intervention model, many individuals may be entering behavioral health services for the first time and require a comprehensive array of services to be available. The team-based approach is a vital aspect of the assistance an individual will receive when they participate in the program. Coordinated Specialty Care (CSC) Teams are trained in the CSC model and provide an individual with all the clinical and support services, so care is provided efficiently with a focus on recovery.

## SUBSTANCE USE DISORDER TREATMENT FOR ADULTS (TRA)

This is an outpatient treatment service for substance use disorders are provided in a community-based setting at a licensed treatment center. Outpatient treatment is to address any substance-related disorder as well as prevention activities. People in outpatient treatment develop the skills to start and continue their recovery process while continuing to live and work in their community. Treatment includes counseling, case management, education, and recovery skills training. Eligibility requirements include being a Texas resident of 18 years of age and older and being diagnosed with a substance use disorder.

**APPLY WITH US TODAY!**

**HAVE ANY QUESTIONS ABOUT WORKING WITH US?**

**Call 361-886-6900**

**or**

**visit [www.ncmhid.org](http://www.ncmhid.org)**

